

The Italic I

										 a heightened subjectivity 				
						Embodiment/Disembodiment — mind body partition								
There is always a before. It is never the first. Creating a scene, it will come when the conditions are conducive. In the conduction of	Imagine carving a channel and then moving into it. Descending into it. Not just downward, dipping; maybe leaping too. The preparatory isn't necessarily one of knowing what will unfold. There is a letting go before you can let go. Stretching — muscular, bodily. Pushing at the edges or the limits. This achieving and letting go — a reaching towards.	eyes to the normal sequencing of the world,	A Commitment Made — working against impulse Purposefully engaged, not random, not some idle frippery. Mute, opaque, yet not secretive. Drive of the intuitive, to disobey the habit that would have us upright, to trip this tendency up. Renunciáne — put aside, hold back, resist. Bring to bear, to concentrate on; intensify in effort.	Becoming Diagonal — the italic i	— tilt towards (the other) The limit becomes a point of leverage, containing and controlling the tilt. To let go, repel, then to reach, a gesture towards a context. Involve — bring into intricate or complicated form. From <i>involvere</i> — entangle, implicate. To be bound up with something from which it is difficult to become	The body makes phrases, exploratory gestures, bypassing the mind. Feeling its limitations, irritating blockages, wrestling with ways to articulate. Piecing things together. A whole set of mind and muscle activations, intermingling. Then bifurcation: division and splitting, intensity and extensity.	submersion, a momentary loss of bearings.	Letting Go — a liquid state	about desire without veering off course. Not wayward. This is where restraint comes in — a refusal to be seduced. Restrained rapture. Measure. Exercise discipline to maintain the sense of tension. A momentary loss of concentration; energies dissipate through lack of focus. Turned upside down or overthrown, over the helm. Overwhelm. This is not an end in itself. It is not about getting carried away. Groundedness is required. So, be prepared to stem the flow. Tone it round. Caution against (over)	Not disorientation but a shift in orientation. Elemental transformation. Composition. Composure. Compose. Fall into an arrangement. Going inward. Turned backward. Inverted. Inversion — to turn or change; turn inside out, to fold. To turn around on an axis; revolve — from volvere, to roll or wind. Turn over, rolling on the tongue; the release of language from itself.	- striking the right balances Hand striking the floor, marking time. Push and pull; lag or drag. Tempering – to calm, to modify its properties. Restraint has positive force, a necessary tension. Keeping form, one foot on the ground. Anchoring,	Decompress. Distill. Cooling down but not towards resolution. Maybe it is useful to bring in fermata, the inverted arc	Voluptuous Recovery — return, yet charged To bring to mind — to scan has haste and necessity, yet nothing about its swiftness is inaccurate. Rotational survey. To focus or centre upon, alert. Elasticity becomes extraordinary through exhaustion, a productive slackening. At that moment of relax and slack, extension; a hovering non-dispersal.	recommitment is made. Temporary states, always having to be produced. Reset, retune — continuous present and a continual

Formless

horizontality

Folding of Attention