

**CAROLIEN HERMANS**  
**BORN: 23-04-1969**

Carolien Hermans (1969, NL) is a writer, a yoga teacher, a performer, a researcher, a mother, a runner, a photographer, and a taurus who teaches with great pleasure at the University for the Arts in Utrecht and the Conservatory of Amsterdam.

She was born in the year 1969 when the American Astronaut Neil Armstrong set first foot on the moon and uttered the words "That's one small step for man, one giant leap for mankind."

1969 was also the year of the legendary Woodstock festival in the Catskill Mountains, the year that a military coup in Libya took place, the year that Feyenoord became national champion and Lenny Kuhr won the Eurovision with the song 'De Troubadour'.

With her 49 she approaches rapidly the 50, something she desperately tries to push forward although she knows it is a road of no return. She would like to be able to draw and ski well, but speed is not really her thing and the pencil in her hand is so stubborn that the end result does not resemble in any way what she first had in mind.

She studied Orthopedagogy at the Radboud University in Nijmegen, left with a cum laude diploma and settled in Amsterdam where she continued her lifetime passion: dancing. After completing the Master choreography, she worked for several years as a performer and choreographer. Nowadays she combines this with teaching and doing research. Themes she is currently engaged with: children's play, dance improvisation, ecological pedagogy, body-mind connection (yoga / mindfulness) and embodied cognition.

One day she hopes to be an excellent cook, but until that time her cooking is not more than average. She knows she will never become a truck driver or a space traveler. In the train she secretly reads the horoscope, and it is incredible, but it always comes out. She has never won anything in the lottery so her luck has to come from other things. On her bucket list you can find the following things: walking the Pyrenees from East to West, driving a car (she is still too afraid...), minimalizing her ecological footprint, learning the nose whistle and living on a farm in a remote place.



## Curriculum Vitae



Name: Carolien Hermans  
Address: Pesthuislaan 27, 1054 RH Amsterdam, The Netherlands,  
Birth date: 23-04-1969  
Nationality: Dutch

### RECENT POSITION:

2011-present: Senior lecturer, HKU School of Arts and Economics

2011 – present: Senior lecturer, ODM, Conservatory of Amsterdam

2018- present: PhD candidate, ACPA, University of Leiden

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<b>Education:</b>	
1987-1988	Teacher Dance Expression, Fontys dance academy, Tilburg, The Netherlands, bachelor
1988-1989	History of Art and Archaeology, Radboud University of Nijmegen, The Netherlands, propedeuse
1989-1994	Orthopedagogy (cum laude), Radboud University of Nijmegen, The Netherlands, master
1998-2000	New Dance, School voor Nieuwe Dansontwikkeling, Amsterdam, The Netherlands, guest student
2002-2004	Choreography and New Media, Dance Unlimited, Amsterdam University of the Arts, The Netherlands, master
2018-	PhD candidate, ACPA, University of Leiden

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<b>Research:</b>	
1994-1996	Junior researcher at Radboud University Nijmegen, Department of Special Education. Research topic: quantitative research into decision making processes in multidisciplinary teams.
2005-2009	Researcher at ARTI (Artistic Research, Theory and Innovation), Department Art Research and Artistic Development, Amsterdam School for the Arts, AHK. Research topic: Embodied experiences in dance.

2009-	Policy maker at Kunstfactor, national institute for the amateur arts.
2010-2016	Researcher, AHK Amsterdam University of the Arts Utrecht, Professorship Education in Arts and Culture. Subject: 'Fostering kinesthetic empathy in children with autism through a dance training'.
2010	Senior researcher at Stichting Papageno. Stichting Papageno develops and initiates art projects for children with special needs.
2014-	Researcher, HKU University of the Arts Utrecht, Professorship in Creative Economy. Topic: cross-overs between creative industry and health/wellbeing
2017	Researcher, AHK Amsterdam University of the Arts Utrecht, Professorship Arts Education, together with Vincent Lamers. Subject: 'Multi-modal music education for children with a severe mental and/or physical disability'.

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### Art Works:

From 1996-2001 Carolien Hermans worked as a freelance performer with various physical theater companies including Warner & Consorten. In 1998-1999 she developed solo performances that were screened at various (inter) national festivals (Go Solo, Amsterdam and Internationales Solo-Tanz-Theater Festival in Stuttgart. In October 2000 she started a performance group, Dlab that focused on dance and new media. Her artistic work consists of Performances: Frozen (2002, Terpsichore / Belgium, Concours Choreographique / France and Caracas / Venezuela), Do You Want to Dance With Me (2004, graduation performance), De Zelftwijfelaar (2005, Gasthuis / Frascati Amsterdam), Desire Machine (2005, Something Raw Festival, Frascati, Amsterdam). Interactive installations: Movemental (2003, Dance Screen/Monaco, COSIGN/England) and Flock (2003/2004, Low Lands, DIGRA, Festival aan de Werf etc.). Short interactive films: Legshow (2003, Cinedans, Nederlands Film festival), Trilogy (first prize NPS webdance competition), BIBAP (with V2 and NPR), OOG/Volkskrant and OOGlive Westergasfabriek (2004-2006 with 'Samiha').

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### Teaching:

2002-2003	Modern Dance, technique class. Department: pre-education for children, Amsterdam School for the Arts.
2003	Workshop Dance and Notation, Rietveld Academy, in collaboration with Scott deLahunta and Dance Unlimited
2003	Workshop Dance and Technology, Hochschule für Media, Köln, Germany.
2007	Art as Research. Workshop for students of the AHK (Amsterdam University of the Arts) together with Marion Traenkle, January-April 2007
2008	Guest teacher at the Honoursprogramma 'Art and Research' of the Gerrit Rietveld Academy (May 2008)
2009	Walking out of the Image. Interdisciplinary workshop at the AHK, January-April 2009
2009-	Guest lecturer at the Master of art Education, Amsterdam University of the Arts. Subject: contemporary dance history
2010	Lecturer at ArtEZ Zwolle. Subject: theory of education, pedagogy and psychology (adolescent psychology, psychological development of the young child, learning theories)

2010	Guest lecturer at the AHK, Amsterdam University of the Arts. Subject: Outside in! Art education for people with a disability
2011-	Lecturer at Conservatory Amsterdam (CvA). Subjects: theory of education, psychology and pedagogy (adolescent psychology, psychological development of the young child, learning theories, special education, theories of musical education, research skills)
2011-	Lecturer, school Art and Economy, HKU University of the Arts, Utrecht. Subject: research skills
2011-2013	Lecturer, school Master of Arts Education, HKU University of the Arts, Utrecht. Subject: research skills
2012	Lecturer at BVO, Beeldend Vormen Opleiding, Amsterdam University of the Arts. Subject: Outside In! Art education for children with special needs
2013-2015	Lecturer, school Master of Arts Education, Amsterdam University of the Arts. Subject: research skills
2014-2017	Researcher, HKU University of the Arts Utrecht, Professorship in Creative Economy. Subject: cross-overs between creative industry and health/wellbeing

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#### Conferences and publications:

2003	DIGRA conference on game structures, University of Utrecht. Presentation of a motion capture viewer (November 2003)
2004	The paper 'Trilogy' is published in 'The Online Journal for Embodied Technology'.
2004	The paper 'Disappearance: self-loss in performance practice' is published in <i>Danswetenschap in Nederland</i> , deel 4, Amsterdam: Vereniging voor Dansonderzoek, 2005
2004	Working group: ' <i>Scenario's voor nieuwe media</i> ', theatre Het Gasthuis, Amsterdam (October 2005 - February 2006)
2005	Reading group ' <i>The Anatomical Theatre Revised</i> ', Amsterdam School for Cultural Analysis, University of Amsterdam (April-November 2005)
2005	Speaker at the public debate in the Something Raw Festival. Theme: intimacy and public space (February 2005)
2005	Mini-conference ' <i>As if</i> ', part of the working group with Rimini Protokoll, School for the Arts, Amsterdam (April 2005)
2005	Speaker at the public debate, Montevideo, Dutch Institute for Media Art. Theme: RESONANCE, contemporary performance art (April 2005).
2005	Working group: ' <i>An Academy</i> ' organised by Het Gasthuis and Kunstlektorat (Marijke Hoogenboom) as part of the Holland Festival (June 2005)
2005	Speaker at the Symposium of the 'Nederlands Genootschap voor Esthetica'. Theme: the thinking body (14 and 15 October 2005).
2006	The paper 'Disappearance: self-loss in performance practice' is published in <i>Danswetenschap in Nederland</i> , deel 4, Amsterdam: Vereniging voor Dansonderzoek, 2006
2006	Guest speaker at the Cinedans 2006/ Cinedebate: Dance and new media: new ways of creating

- and documenting dance, organised by Bertha Bermudez and Scott deLahunta (July 2006)
- 2006 Presentation at FIRT conference. Working group: Performance as Research, Helsinki, Finland (August 2006). I am still part of this working group.
- 2007 Presentation of BIBAP project (Body in Bits and Pieces) at the Test\_Lab organised by V2\_, Institute for the Unstable Media, Rotterdam. Theme: dancing around technology.
- 2007 Lecture 'the absent body' at the School for New Dance Development, Amsterdam, May 2007
- 2007 Presentation at Sensuous Knowledge Conference 4, Bergen, Finland, November 2007
- 2008 May 2008, presentation of BIBAP at the ICT-Delta, Jaarbeurs Utrecht
- 2008 Seminar of Walid Ra'ad and Jalal Toufic 'untimely collaboration', as part of the conference, 'Prognoses on Movement', 6<sup>th</sup> - 8<sup>th</sup> of June 2008 in Berlin
- 2008 'Twaalf over een', a narrative essay, published by OOG, online journal of de Volkskrant, December 2008
- 2009 Senior editor of the first issue of RTRSRCH, journal of ARTI. 'Minor gestures and their monstrous little brothers': the spectatorship of the catastrophic. Launched at the Something Raw Festival 2009. The RTRSRCH journal reflects the interests of the ARTI research group concerning current discourse in practice-based research in the arts. It aims to explore and facilitate processes for creating, sharing and distributing emerging knowledge(s).
- 2010 Moderator talkshow 'The relevance of the living body in art' organized by D'Acapo studium generale, ArtEZ
- 2010 Conference 22-23 April 2010, 'Kinaesthetic empathy, Concepts and Contexts', University of Manchester
- 2010 Presentation Igel Conference, International Society for the Empirical Study of Literature and Media, 7-11 July 2010, University of Utrecht
- 2010 Hermans, C. & van Miert, M. (2010). Gerda König over inclusiedans. Dans Magazine, 5, 44-46
- 2010 Hermans, C. (2010). Ik tik eenmaal. Jij tikt eenmaal. Ik tik tweemaal. Jij tikt niet. Danswetenschap in Nederland, 6, 113-120
- 2010 Hermans, C (2010). Climbing Mountains: the sensing body as a way of knowledge production. Disability Studies Conference 'Diversity in Quality of Life', VU University Amsterdam, 3rd of December
- 2010 Hermans, C. (2010). Disappearance: self-loss in performance practice. Paper will be presented at the Dance and Philosophy Conference: Thinking Through Dance, The Philosophy of Dance Performance and Practices, 26th February 2011. London: Roehampton University
- 2011 Pater, M., & Hermans, C (2011). *MuziekMakers*. Paper presented at Research Conference in Arts and Cultural Education 2011, CultuurNetwerk in collaboration with University of Utrecht, 23 June 2011
- 2011 Radio- Interview in scientific program Hoe?Zo!Radio about my artistic research.
- 2011 Hermans, C. , & Os, W. van (2011). *Jongens Dans! Een handreiking*. Utrecht: Kunstfactor.
- 2012 Hermans, C. (2012). Show, don't tell: imiterend leren in dansonderwijs. Cultuur+Educatie, 35, 38-55.

- 2012 Hermans, C. (2012). Shall we dance? On a bright cloud of music shall we fly? *Danswetenschap*, 7, 97-105.
- 2013 Presentation of paper on Dance & Autism, 1st International Conference 'Cognitive Futures of the Humanities, Bangor University, England, 4-6 April 2013
- 2013 Presentation of paper on Dance & Autism. Affective Science and Performance; interdisciplinary dialogues. The Extraordinary Aesthetics of Autism Conference. ICA London in collaboration with the University of Kent's Centre for Cognition, Kinesthetics and Performance, 29 June 2013
- 2013 Presentation 'Danceducation and boys with ASD', 7<sup>th</sup> Research Conference on Cultural Education and Cultural Participation, 25 November 2013, University of Tilburg
- 2015 Conference 'New Developments in Dance and Music Education', Amsterdam University of the Arts, 20 and 21<sup>st</sup> of June 2015
- 2015 Lecture at Kent University, Interacting with Autism, 27<sup>th</sup>-29<sup>th</sup> of June 2015
- 2015 Hermans, C., Hilhorst, R., & Poel, D. (2015). Het gebruik van service design thinking als onderzoekstrategie voor service innovatie in de sector zorg en welzijn. In N.Mulder (ed.), *Creatieve Economie*, (pp.49-52). Utrecht: HKU.
- 2015 Hermans, C. (2015). Een eerste verkenning: Hoe de esthetische omgeving en zorgverlening in ziekenhuizen kan bijdragen aan het welzijn van patiënten. In N.Mulder (ed.), *Creatieve Economie*, (pp.52-57). Utrecht: HKU.
- 2015 Hermans, C. (2015). Of movements and affects: dance improvisation as a participatory sense-making activity. In C. Hermans & M. Bremmer (authors), *Embodiment in Arts Education. Teaching and learning with the body in the arts* (pp. 1-14). Amsterdam, NL: Lectoraat Kunst- en cultuureducatie.
- 2015 Organizer of Conference Embodiment in Arts Education together with Melissa Bremmer, 12<sup>th</sup>-13<sup>th</sup> of December 2015. Amsterdam: University of the Arts.
- 2015 Performance lecture 'Dance Improvisation as a participatory sense-making activity', together with Sarah Abicht and Maxine van Lishout, at the Conference Embodiment in Arts Education together with Melissa Bremmer, 12<sup>th</sup>-13<sup>th</sup> of December 2015. Amsterdam: University of the Arts
- 2016 Performance lecture '*Participatory sense-making: rhythm, repetition and affective resonance in dance*', together with Sarah Abicht and Maxine van Lishout. Conference 'Worlding the Brain', University of Amsterdam, 19<sup>th</sup> of March, 2016, Compagnietheater.
- 2016 Hermans, C. (2016). Differences in Itself: Redefining Disability through Dance. *Social Inclusion*, 4(4), 160-167. DOI: 10.17645/si.v4i4.699
- 2016 Presentation of research: Conversation in Movement #1. At the 'Dance Studies Conference, Thinking Touch in Partnering and Contact Improvisation', University of Malta, 30<sup>th</sup> of June 2016
- 2016 Presentation of research: Conversation in Movement #2. At the 'Disability, Arts and Health Conference', Nordic Network, University of Bergen, Norway, 1-2 September 2016.
- 2016 Presentation of research: Let's dance: participatory sense-making in an 8 year old boy with autism. At 'A Body of Knowledge: Embodied Cognition and the Arts Conference', Irvine University, California, 8-10 of December 2016.
- 2017 Provocation: Why do you think that you but not me should be on stage? Carolien Hermans & Lisa Scheers. Conference 'With Children: The Child as Collaborator and Performer' Leeds

Beckett University, 28<sup>th</sup> Of January 2017, Leeds.

- 2017 Performance lecture together with Lisa Scheers: *The animal body*. Lecture at the Dance and Somatic Practices Conference, 7-9<sup>th</sup> of July 2017, Coventry University, Coventry.
- 2017 Organizer of the conference ‘Arts education for children with a disability’ together with LKCA, Professorship Arts Education and Conservatory of Amsterdam.
- 2018 Hermans, C. (2018). Let’s dance: participatory sense-making in an 8 year old boy with autism. *Journal of Dance Education*, 00, 1-11. DOI: 10.1080/15290824.2018.1422254
- 2018 Lecture ‘Embodiment in Dance Education’, at the conference ‘Bewegen is Leren, Eurtmie in gesprek met Wetenschap’, Hogeschool Leiden, 9<sup>th</sup> of March, 2018
- 2018 ADiE, research intensive for doctoral candidates in dance and body-based performance, Stockholm University of the Arts, 19-23 March 2018, Sweden.
- 2018 ADiE, research intensive for doctoral candidates in dance and body-based performance, Chichester University of the Arts, June 25-29 2018, England
- 2018 Invited Lecture ‘Methods of an Embodied mind’, part of the Science & Society Session, Akademie Berlin-Schmöckwitz, 5-6 July 2018, ENCODS, European Neuroscience Conference of Doctoral Students.
- 2018 Yin Yoga, intensive teacher’s course, 8-13 October 2018, Arhanta Yoga Ashram, Velp, The Netherlands
- 2018 Hermans, C. (2018). Joint action and joint attention: dance improvisation and children’s physical play as participatory sense- making activities. *Choreographic Practices*, 9(2), 311-332. DOI: 10.1386/chor.9.2.187\_2.
- 2018 Lamers, V., Hermans, C., & Bremmer, M. (2018). *De Multi-Modale Muziekbubbel: Muzieklessen in het Speciaal Onderwijs aan Kinderen met een Ernstige Beperking*. AHK, Lectoraat Kunsteducatie: Amsterdam.
- 2019 Research workshop at Chester University, England, on ‘The role of touch in the participatory sense-making process of both play and dance improvisation, 8-10 March, 2019.
- 2019 Body Weather Intensive with Katerina Bakatsaki, 29-31 March 2019, Amsterdam.
- 2019 Hermans, C. Of the animal body: transforming the notion of disability through different readings of touch, prosthetic devices and contact improvisation. To be published in Cambridge Scholar Press. Submitted and accepted.

**Hobby’s:**

piano, writing children’s books, making home-made ice