

who are suffering from it? Psychiatrists need to dig deep inside every patient to find the problems because the mind is so much more difficult than the body. Maybe I go too far again and drift away but it's so easy to go all directions with this subject.

Albert Einstein said: 'The definition of insanity is doing the same thing over and over and expecting different results.' I don't think this is really a full definition of insanity but I find something very interesting in there.

Maybe madness is doing harm to someone with pleasure, seeing a person torture someone with a spark in their eyes and enjoying themselves, well for sure this is madness but then again it's only one side of madness. I'm sure I will change my mind on this subject many more times and reflect on it but I guess that's good, it means that all the questions are alive. It's fascinating how you can find beauty and understanding in all sort of crazy things but at the same time it still feels wrong, like Michael Jackson for example. And yes what is real and what is not, who decided what is right and wrong, who decided to put these human rights and why do we all follow as black sheep?

Maybe by putting so much attention on what is wrong we just put fuel to 'wrong' desires, in the end what do we long for more than something that's just slightly out of reach, that has a touch of danger and excitement and makes us feel alive?

By telling yourself you should not do something over and over again you just put more attention to the problem and desires just become bigger.

Well I guess now I'm drifting off... It might all be just more confusing now, the longer I think about it, the more confused I get but somehow this feels good. I think it's beautiful to give a voice to the people that are usually not heard.