

UDDIPANA DAS (*Professional Dance Artist*)

Female; Height :5'4"; Eyes: Brown; Hair: Black; Weight: 50

Date of Birth: 15-05-1989

Language Proficiency: English, Hindi, Assamese

Nationality: Indian

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CURRICULUM VITAE

BIOGRAPHY:

Uddipana Das is a freelance dance artist, performer and instructor (Dance & Yoga) hailing from India but currently residing in The Netherlands. At the age of 10, she pursued her training in sattriya, an Indian Classical Dance form and soon became part of various performances (group & solos). She is now a sattriya disciple of **Adhyapika Meenakshi Medhi** who is an empanelled artist under ministry of culture FOI abroad. She has also pursued her professional training as a performer specialized in Kathak, Modern Contemporary, Bollywood and folk-dance forms from Mumbai. Besides she had the opportunity to attend various dance intensives and workshop under various national and international choreographers Mumbai and Amsterdam. Her solo work got recognition in contemporary dance season 2017 at NCPA, Mumbai curated by pioneer of Indian Contemporary Dance, **Astad Deboo**. She is also a certified Yoga Instructor from Yoga Institute, Mumbai. Currently she is pursuing her Masters in **Performing Public Space** at **Fontys University**, Tilburg.

PROFESSIONAL OBJECTIVE:

As a dance artist, her vision is to promote performing art with a collaborative approach in the creative process, participation and to set an artistic movement of expression, aesthetics, and approaches with a relentless commitment to the propagation of the Indian dance forms overseas.

PROFESSIONAL TRAINING:

Pursued professional dance training and attended various intensives/workshops in Mumbai and Netherlands (2015-2022):

- ✓ **Sattriya Dance**
Disciple of Adhyapika Meenakshi Medhi
- ✓ **Pt. UMA DOGRA** (*Indian Kathak Exponent*)
(*Kathak, 2017-19*)
- ✓ **Richard Chen See (Paul Taylor)**
Modern Technique, Ballet and Repertoire

- ✓ **Jeremy Cline, Seattle**
Contemporary Dance and Technique (Workshop)
- ✓ **Steve Rooks (USA)**
Modern, Contemporary and Repertoire (Intensive Workshop)
- ✓ **James Morrow and Brande Lee**
Hip-Hop & Aerial Silk (Intensive)
- ✓ **SNDA, Mumbai (2016-20118)**
Professional Dance Training in Modern Ballet, Contemporary technique, Jazz and Hip Hop
- ✓ **Astaad Deboo, Mumbai**
Butoh Technique Workshop
- ✓ **2 Face Dance Company, Company Wayne McGregor**
Ballet and Company Repertoire (Workshop)
- ✓ **Tjimur Dance Theatre from Taiwan**
Modern Technique and Repertoire (workshop)
- ✓ **Yahuda Mayor (Dance Worx, Mumbai)** *Classical Ballet (six months)*
- ✓ **International Commonwealth Society of Teachers of Dance Training (CSTD,2018)**
Certified in Ballet Grade 1 and 2 level
- ✓ **Gosia Mielech (Isreal)**
GAGA 20 days intensive (Mumbai)
- ✓ **Eden Periera (World Dance School, Mumbai)**
Contemporary Technique, Choreography and Improvisation
- ✓ **Henny Juriens Dance Company, Amsterdam (2020)**
Open Classes,3 months
 - ✓ *Counter technique by Anouk van Dijk,*
 - ✓ *Contemporary and floor work by Samuel*
 - ✓ *GAGA*
 - ✓ *Improvisation*
- ✓ **David Zambrano's Summer Intensive Dance Workshop (Amsterdam,2021)**
 - *Flying Low and Passing Through*

PERFORMANCE /PROFESSIONAL EXPERIENCE:

- ✓ **Performed at Discover India in Eindhoven 2022 organized by Indian Centre in Netherlands**
Sattriya Dance Recital
Link: <https://youtu.be/KjswerHXWhY>
- ✓ **Inside Stories (Collaborative project in Bharatnatyam and Contemporary style)**
Choreography & Artists: *Parijat Naik and Uddipana Das*
Venue: *Eindhoven, Tilburg in The Netherlands (2021)*

- ✓ **JAN-JAATI (Contemporary Group Production, 2018)**
Sumeet Nagdev Dance Arts (Company)
National Centre of Performing Arts, Mumbai
<https://youtu.be/A2FRvP3hngU>
- ✓ **IN SEARCH OF YOU (solo)**
Contemporary Dance season 2017
National Centre of Performing Arts (NCPA) Mumbai
- ✓ **NCPA (CSR PROJECT, Social work) 2018**
Trained Underprivileged students
For a Performance at NCPA, Mumbai
- ✓ **Corporate cultural Events in India (2016-2019)**
Bollywood & Musicals (group dancer)
SNDA, Mumbai
- ✓ **ASSISTANT CHOREOGRAPHER (Freelancer, Mumbai)**
For Ad shoot
- ✓ **MINISTRY OF CULTURAL ORGANISATION, INDIA (2008-2010)**
Performance Artist
- ✓ **Interstate Youth Festival, Guwahati University, Assam (2013)**
Winner for folk dance (Bihu group)

ACADEMICS:

- ✓ Pursuing Research Master program in **Performing Public Space at Fontys University, Tilburg, NL (2022-2023)**
- ✓ **Bachelor Degree in Arts (2007-2010)** Guwahati University, Assam, India
- ✓ **High School 12th Grade (2007), India**

DECLARATION:

I hereby declare that all the details provided above are true to the best of my knowledge and belief

Udipana Das

