



**Sequence 21.** " $\Delta$  d" switch over beats 2 & 3, Mercier to O'Donoghue. I find " $\Delta$  d" harder to play that it's counterpart "d  $\Delta$ ", so it's placement requires mental focus.

$\Delta$  v  $\Delta$  d p d  $\Delta$

" $\Delta$  d" switch over beats 6 & 1, O'Donoghue to Mercier

d p d p d  $\Delta$  v  $\Delta$  v  $\Delta$  v  $\Delta$

" $\Delta$  d" switch over beats 6 & 1, O'Donoghue to Mercier

d p d  $\Delta$  v  $\Delta$

**Sequence 27.** This "v v d" switch flows very well, not mentally taxing to play like some of the others above.

d p d  $\Delta$  v  $\Delta$  v

Playing the above pattern I realised how any jig pattern can be transformed into a hop-jig pattern by changing every second beat from a quaver to a crotchet:

d p d  $\Delta$  v v

**Mercier to Ó Riada flammed switch: "Λ<sup>v</sup> r"**

Musical notation in 6/8 time showing a flammed switch on beat 3. The notation consists of two measures. The first measure has six eighth notes with stems pointing up, grouped by a brace. The second measure has six eighth notes with stems pointing down, also grouped by a brace. A vertical bar line is placed between the two measures. The notes in the second measure are flammed, indicated by a small 'v' above the first note and a 'r' below it. The notes in the second measure are: V, Λ, V, Λ, V, Λ. The notes in the first measure are: V, Λ, V, Λ, V, Λ. The notes in the second measure are: V, r, r, r, r, r. The notes in the first measure are: V, Λ, V, Λ, V, Λ. The notes in the second measure are: V, r, r, r, r, r.

**"Stretching" the flammed switch above: Mercier to Ó Riada roll switch on beat 3:**

Musical notation in 6/8 time showing a roll switch on beat 3. The notation consists of two measures. The first measure has six eighth notes with stems pointing up, grouped by a brace. The second measure has six eighth notes with stems pointing down, also grouped by a brace. A vertical bar line is placed between the two measures. The notes in the second measure are rolled, indicated by a small 'v' above the first note and a 'r' below it. The notes in the second measure are: V, r, r, r, r, r. The notes in the first measure are: V, Λ, V, Λ, V, Λ. The notes in the second measure are: V, r, r, r, r, r.

**Mercier to Ó Riada roll switch on beat 1**

Musical notation in 6/8 time showing a roll switch on beat 1. The notation consists of two measures. The first measure has six eighth notes with stems pointing up, grouped by a brace. The second measure has six eighth notes with stems pointing down, also grouped by a brace. A vertical bar line is placed between the two measures. The notes in the second measure are rolled, indicated by a small 'v' above the first note and a 'r' below it. The notes in the second measure are: V, r, r, r, r, r. The notes in the first measure are: V, Λ, V, Λ, V, Λ. The notes in the second measure are: V, r, r, r, r, r.

**Mercier to Ó Riada straight switch: "v r", from beat 3.** This works well with elbow movement to bring the stick horizontal while in the Ó Riada posture, and beat 4 is forced to arrive a little late. Looks a bit like something Seamus O'Kane does: <https://www.facebook.com/watch/?v=1236117513819886>

Musical notation in 6/8 time showing a straight switch on beat 3. The notation consists of two measures. The first measure has six eighth notes with stems pointing up, grouped by a brace. The second measure has six eighth notes with stems pointing down, also grouped by a brace. A vertical bar line is placed between the two measures. The notes in the second measure are straight, indicated by a small 'v' above the first note and a 'r' below it. The notes in the second measure are: V, r, r, r, r, r. The notes in the first measure are: V, Λ, V, Λ, V, Λ. The notes in the second measure are: V, r, r, r, r, r.

**Mercier to Ó Riada straight switch: "v r", from beat 5.** Same elbow movement as above.

Musical notation in 6/8 time showing a straight switch on beat 5. The notation consists of two measures. The first measure has six eighth notes with stems pointing up, grouped by a brace. The second measure has six eighth notes with stems pointing down, also grouped by a brace. A vertical bar line is placed between the two measures. The notes in the second measure are straight, indicated by a small 'v' above the first note and a 'r' below it. The notes in the second measure are: V, r, r, r, r, r. The notes in the first measure are: V, Λ, V, Λ, V, Λ. The notes in the second measure are: V, r, r, r, r, r.

V Λ V motor rhythm to reverse Ó Riada shuffle movement.

V Λ V V Λ V V Λ Y Y V Λ Y Y

As above, but Ó Riada shuffle movement is evenly spaced, making quadruplets in a jig rhythm.

V Λ V V Λ V V Λ Y Y V Λ Y Y

**Rolls as quaver rhythms** (like the lady from the facebook group). Mercier downstroke rolls followed by Mercier upstroke rolls. Hard to play loud with this technique.

V r Λ V r Λ V Λ Y V Λ Y

**Switching rolls within the bar.** Seems to work much easier in this order, rather than "V r Λ V Λ Y". Maybe be something to do with how the accent on beat one helps with the momentum of the movement it initiates.

V Λ Y V r Λ

Downstroke rolls, into 2-way roll quadruplets, into upstroke rolls. Pretty hard to control.

V r Λ V r Λ V r Λ Y V r Λ Y V Λ Y V Λ Y