Post-performance Questionnaire for the perfor	
Not at all	Extremel
How engaged was I during the perform	ance?
Not at all	Extremel
• To what extent did I enjoy performing to	he piece?
Not at all	Extremel
• How nervous was I during each piece?	ı
Not at all	Extremel
• What went well for each piece, both tec	hnically and musically?
What didn't go as well as I expected for	r each piece both technically and musically?

•	What did I focus on during piece 1/2