

2022-05-23

7-8³⁰ Getting up. Kids both staying home from school. Tired. Stressed. Deadlines at forefront of my mind. Scared I won't make it. Overwhelmed. Need to get started but resisting it. It feels slippery.

8³⁰-9³⁰ Logging, catching up on last 3 days. Reflecting on strategies for RDP course. Reading Dr. Hargreaves' letter. Got an answer from Uncle R, but don't want to deal with it now.

9³⁰-10⁴⁵ Work on RDP exam writing

10⁴⁵-11³⁰ Walk in park with T

11³⁰-12⁰⁰ More writing. Looking back on 3D project for this exam.

12-12³⁰ Lunch

12³⁰-3⁴⁰ Reading 'Climate and Society' Leichenko and O'Brien - 2019, policy Press

13⁴⁰-14²⁰ Telephone call from family.

14³⁰-16³⁰ More reading.

16³⁰-18²⁰ Fitful bouts of reading, sleeping

18³⁰-21²⁰ Dinner, catching hair on children, reading Anne of Green Gables together (Anne finally gets together with Gilbert)

21²⁰-23 Putting children to bed. Watch some psychoanalysis lecture on Adolescent development. Dishing. Half an episode of TV Now with R.

00 - Sleep