

- ROUND 1 -

W.A.I.T with Italian techno background.

Edges of the skin with the clothes. To the floor, edges of skin.

Shifting awareness to the skin. The same intensity in sensing within as in sensing the space around.

From this place of awareness in the skin, find a sense of yourself in the space. Realize what is the shared responsibility for creating the space in the room.

What is the responsibility of your body outside of this room? Do you take up space? Do you shrink? What does that say about your responsibility/role in society/their place?

What is my role now, today? How do I feel about it? Am I happy about it? Where does that sit in the body?

What is the emotional feedback in the body and where is it in the body. While taking it inside our bodies, how do we share the room?

Is there anything I want to change about how I feel right now? Make that change with the awareness of the space and for each other. Where is this feeling in the body?

What is my responsibility of the space in the room?

What is the more abstract internal physical sensation? How does it fit in the room?

Responsibility to the edges of your skin, the room, outside.

Check-in with the forgotten skin-places (between legs, ankle)

What is the tempo and how does it affect the edges of the skin

Check-in respons. in the space with each other and with the room. Zone-in to this space to amplify.

Composition of the space, respons. with each other.

Notice your role. If you want to make a change, how do you make that change?

Edges of the skin into the space.

If you are close to someone, what is this doing. Are you